



Rise & Shine With Nutri-Serve!



September

Breakfast Menu

Archway
Programs

Daily Alternates:

Cereal, Yogurt, Cheese Stick and
Graham Crackers



...an affiliate of Woods

Tuesday-September 1		Breakfast Prices: *Menu subject to change Adult Breakfast: 2.50 ~ Milk/Juice: \$0.50 Food Service Director: Melissa Genna ~ Arc@nsfm.com ~ Phone: 856-767-5757 ext 218 Milk: White, Chocolate, Lactaid		
Monday-September 7	Tuesday-September 8	Wednesday-September 9	Thursday-September 10	Friday-September 11
Labor Day No School	Dutch Waffle w/ Turkey Bacon Sides: Fruit: Fresh/Cupped/Juice Milk Choice	Hot Egg & Cheese On a Bagel Sides: Fruit: Fresh/Cupped/Juice Milk Choice	Bagel w/ Cream Cheese & Fruit Slices Sides: Fruit: Fresh/Cupped/Juice Milk Choice	*R Mini Blueberry Waffles w/ Syrup & Sausage Links Sides: Fruit: Fresh/Cupped/Juice Milk Choice
Monday-September 14	Tuesday-September 15	Wednesday-September 16	Thursday-September 17	Friday-September 18
Cinn. Toast Crunch Soft Breakfast Bar w/ Yogurt Sides: Fruit: Fresh/Cupped/Juice Milk Choice	Waffle w/ Turkey Bacon Sides: Fruit: Fresh/Cupped/Juice Milk Choice	Bacon, Egg & Cheese On a Biscuit Sides: Fruit: Fresh/Cupped/Juice Milk Choice	Bagel w/ Cream Cheese & Fruit Slices Sides: Fruit: Fresh/Cupped/Juice Milk Choice	*R Mini Maple Pancakes w/ Syrup & Sausage Links Sides: Fruit: Fresh/Cupped/Juice Milk Choice
Monday-September 21	Tuesday-September 22	Wednesday-September 23	Thursday-September 24	Friday-September 25
Cherry Strudel w/ Yogurt Sides: Fruit: Fresh/Cupped/Juice Milk Choice	Dutch Waffle w/ Turkey Bacon Sides: Fruit: Fresh/Cupped/Juice Milk Choice	Hot Egg & Cheese On a Bagel Sides: Fruit: Fresh/Cupped/Juice Milk Choice	Bagel w/ Cream Cheese & Fruit Slices Sides: Fruit: Fresh/Cupped/Juice Milk Choice	*R Mini Blueberry Waffles w/ Syrup & Sausage Links Sides: Fruit: Fresh/Cupped/Juice Milk Choice
Monday-September 28	Tuesday-September 29	Wednesday-September 30		
Cinn. Toast Crunch Soft Breakfast Bar w/ Yogurt Sides: Fruit: Fresh/Cupped/Juice Milk Choice	Waffle w/ Turkey Bacon Sides: Fruit: Fresh/Cupped/Juice Milk Choice	Bacon, Egg & Cheese On a Biscuit Sides: Fruit: Fresh/Cupped/Juice Milk Choice		

This institution is an equal opportunity provider.



September

September Lunch Menu
ARCHWAY
PROGRAMS

CHOOSE YOUR ENTRÉE
BY THE LETTER:
A = MAIN CHOICE
B = Chicken Patty on a bun
C = CEREAL/YOGURT



Lunch Prices: Adult Lunches \$3.50 Entrée only: \$2.00

Milk: White, Chocolate, Strawberry, Lactaid

Juice/Milk: \$0.50*Menu subject to change.

Food Service Director: **Melissa Genna** ARC@nsfm.com Phone: 856-767-5757 ext 218

Monday-September 7	Welcome Back to School!	Wednesday-September 9	Thursday-September 10	Friday- September 11
Labor Day No School	BBQ Rib Patty on a bun Sides: Golden Corn Veggie Grab Bag w/ Hummus * R-Peanut Butter & Jelly	Chicken & Waffles w/ a Syrup Dipping Cup Sides: Baked Beans Veggie Grab Bag w/Ranch *R-Grilled Cheese	Chicken & Waffles w/ a Syrup Dipping Cup Sides: Baked Beans Veggie Grab Bag w/Ranch *R-Grilled Cheese	*R-Chicken Patty on a bun
Monday-September 14	Tuesday-September 15	Wednesday-September 16	Thursday-September 17	Friday- September 18
Mozzarella Sticks w/ Pasta & Parmesan Sides: Peas & Carrots Veggie Grab Bag w/Ranch *R- Turkey & Cheese Hoagie	Mozzarella Sticks w/ Pasta & Parmesan Sides: Peas & Carrots Veggie Grab Bag w/Ranch *R- Turkey & Cheese Hoagie	Soft Shell Tacos w/ Toppings Sides: Corn-Guacamole Cup Veggie Grab Bag w/Ranch *R- Tuna Hoagie	Soft Shell Tacos w/ Toppings Sides: Corn-Guacamole Cup Veggie Grab Bag w/Ranch *R- Tuna Hoagie	*R- Cheese Pizza
Monday-September 21	First Day of Fall!	Wednesday-September 23	Thursday-September 24	Friday- September 25
Pizza Crunchers Filled with Sauce & Cheese Sides: Green Beans Veggie Grab Bag w/Ranch *R- PB & Jelly	Pizza Crunchers Filled with Sauce & Cheese Sides: Green Beans Veggie Grab Bag w/Ranch *R- PB & Jelly	Chicken Alfredo Over Pasta Sides: Tomato/Cukes Salad Veggie Grab Bag w/ Hummus *R- Chicken Patty on a bun	Chicken Alfredo Over Pasta Sides: Tomato/Cukes Salad Veggie Grab Bag w/ Hummus *R- Chicken Patty on a bun	*R- Personal Pizza
Celebrate Nat'l Pancake Day!	Tuesday-September 29	Wednesday-September 30	Thursday-October 1	Friday-October 2
Pancakes w/ Strawberries & a Yogurt Cup Sides: Tator Tots Veggie Grab Bag w/Ranch *R- Grilled Cheese	Pancakes w/ Strawberries & a Yogurt Cup Sides: Tator Tots Veggie Grab Bag w/Ranch *R- Grilled Cheese	Popcorn Chicken w/ a Dinner Roll Sides: Carrot Coins Veggie Grab Bag w/Ranch *R- Turkey & Cheese Hoagie	Popcorn Chicken w/ a Dinner Roll Sides: Carrot Coins Veggie Grab Bag w/Ranch *R- Turkey & Cheese Hoagie	*R-Chicken Patty on a bun

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